

## ANNUAL REPORT 2020

Thank you for helping  
transform lives





# Table of Contents

A message from our Chair	<b>4</b>
A message from our Manager	<b>5</b>
How we spend our funds	<b>6</b>
Covid-19 Crisis Appeal	<b>7</b>
Supporter stories	<b>8</b>
National Volunteers Week 2020	<b>10</b>
Our Funders and Supporters – Thank You	<b>12</b>
Accountability and Governance	<b>13</b>
Mission Statement	<b>14</b>
Become a Friend of Wellbeing	<b>15</b>
Wellbeing Tips and Resources	<b>18</b>
Contact Us	<b>20</b>



# A message from our Chair

I wish to start off by saying Thank You.

To our supporters, staff, volunteers and Board, thank you for your contribution to a very busy and successful year as we continue to transform lives in North Canterbury.

Our services remain in high demand and the environment in which we work continues to evolve. Like many of you, we were thrust into unprecedented times with the outbreak of Covid-19. We're no strangers to adversity, having helped our community come through significant events, such as the Canterbury and Hurunui earthquakes, and I'm proud of the way Deirdre Ryan and her dedicated team responded to the urgent and ongoing needs of our community as we entered this crisis, and as we move into recovery.

As we know, the Covid-19 crisis has created significant uncertainty, along with financial and emotional stress for many local people. This increases the need for our services; services that support the wellbeing of our whānau - children, young people and adults, so they can come through this time strong and connected.

A prominent theme from this crisis is the recognition that mental and emotional wellbeing is at the heart of a thriving community.

We're very fortunate to continue to enjoy amazing support from a growing number of corporate and community partners, and individual donors. You'll be able to read about some of the things your incredible generosity has enabled us to accomplish, in our 2020 Annual Report. Without your generous support we couldn't have achieved half of what we have this year.

Thank you everyone.



Brian Davey



# A message from our Manager

This has been an incredibly difficult year for all of us. You've faced challenges you could never have imagined and I want to say thank you - to my staff, volunteers, the Trust board and to all our amazing partners, funders and donors. I feel fortunate indeed to work for an organisation, and a community, with so much heart.

As Brian has already mentioned, the Covid-19 crisis has been a defining feature of 2020. I'm indebted to my team for the tireless dedication they've shown to the people of North Canterbury throughout this time.

Supporting struggling North Canterbury families with urgent food parcels is just one of the ways Community Wellbeing responded to the escalating needs of our community earlier this year. Our team all worked remotely during Level 4, ensuring our people could still connect with us and our services; vital services like our community pantry, family counselling, wellbeing support for children and young people, social work and supporting our young parents from Karanga Mai Early Education Centre and their tamaraki.

Community Wellbeing North Canterbury Trust has been supporting the people of North Canterbury for over 30 years. We're Your Trust, uniquely local to North Canterbury and our mission is to improve the lives of people in North Canterbury by providing free social and community services.

But our ability to support our community is very much dependent upon the enormous support we receive from our partners, donors and sponsors. I can never overstate our gratitude to all of those people who donated, our regular givers, those of you who responded to our Covid-19 Crisis Appeal, and the organisations who partner with us to support our local community.

Nobody knows exactly what the future holds but I promise you, Community Wellbeing will be here for the long haul. We're YOUR trust, supporting our North Canterbury families and individuals to be strong and resilient.



Deirdre Ryan



# How we spend our funds

*Some of the things your amazing generosity accomplished in 2019-2020*

**8082**  
PEOPLE  
HELPED

**695**  
FOOD  
PARCELS

Your support enables us to offer our North Canterbury community these FREE services:

- Family Counselling
- Community Youth Workers
- Social Workers
- Youth Drug and Alcohol Workers
- Karanga Mai Early Learning Centre
- Kaiapoi Community Pantry (also known as the Food Bank)
- Mana Ake – Supporting the wellbeing, school attendance and achievement of primary school children
- Grandparents Raising Grandchildren Support Group
- Restorative Justice Services
- Youth Transition to Independence
- Kaiapoi Community Support
- School Attendance Services
- Volunteer Drivers







# Covid-19 Crisis Appeal

Demand for food parcels from our Kaiapoi Community Pantry increased by 150% during the Covid-19 lockdown. Families were accessing services who'd never come to us for help before. Families like Alex.

**In tears after her partner lost his job, Leithfield mum Alex (not her real name) said "I don't know what we're going to do". Community Wellbeing rallied, with boxes of food for Alex and several other families from Leithfield and Amberley Schools. "Some of our families are already doing it tough", Principal of Leithfield School, Sharon Marsh , says. "COVID-19 is pushing them to breaking point. I hate to think how these families will survive this crisis without Community Wellbeing."**

Thanks to your generosity, Community Wellbeing North Canterbury Trust was able to help families like Alex put food on their table.

These are some of the messages of gratitude received from families who benefited directly from your donation:

*"Asking for food is a very challenging and humbling thing to do especially for a father who is traditionally seen as the one who should be out there working. The community centre makes you feel human, and that reaching out for help is an OK thing to do if it's needed."*

*"It's very embarrassing to have to ask ... . But thank you so much ... "*

*"You helped me through some nasty credit card debt."*

*"I felt so welcomed and never judged."*

*"The support from everyone through this awful time has meant so much, the support is incredible."*

You can donate to our Covid-19 Crisis Appeal to help local families struggling with the impact of Covid-19 here [www.wellbeingnc.org.nz/get-involved/donate/](http://www.wellbeingnc.org.nz/get-involved/donate/)

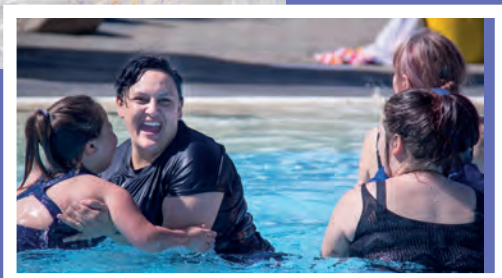
## RAVENSWOOD DEVELOPMENTS

"Ravenswood is all about community. The team at Ravenswood Developments Ltd would like to help its local North Canterbury community in a time of great need and is supporting one charity that is working in North Canterbury to help families struggling with the impact of Covid-19. Community Wellbeing North Canterbury Trust is uniquely local to North Canterbury and is facing unprecedented demand.

**More than ever before, they need our support to meet this growing demand and to help local families.**

On top of Ravenswood Developments Ltd initial donation of \$5000 Ravenswood has committed another \$26,000 to Community Wellbeing with the sale of 13 residential sections in its development, a total commitment of \$31,000."

**Jenny Lake, Sales Manager,  
Ravenswood Developments Ltd.**



## HANMER SPRINGS THERMAL POOLS AND SPA

"We support Wellbeing North Canterbury for two simple reasons. Firstly, we have seen the work that they do – it makes a real difference to people's lives, and their communities. And helping communities is at our core too – at Hanmer Springs Thermal Pools & Spa we strive to help and support our local community and district.

**It is fantastic to support an organisation with the same values as us.**

And we are proud to sponsor Community Wellbeing North Canterbury Trust."

**Shane Adcock, Marketing Manager,  
Hanmer Springs Thermal Pools & Spa.**



## BAYLEYS' 'CANS FOR A CAUSE'

– a food drive partnership with Community Wellbeing North Canterbury Trust.

"The virus led down-turn has seen a number of North Canterbury businesses close and left many jobless.

**Families are being forced to choose between paying their bills or feeding their families. We all felt now is the time to act.**

The partnership with Community Wellbeing is ideal for us - they have the experience and the network to ensure the food that's generously donated by our community is distributed throughout the Hurunui and Waimakariri so that it reaches those who need it. The campaign has been highly successful and the feedback so positive that we would like to make this initiative an annual event."

**Ross Ditmer, Manager Bayleys North Canterbury**



## ASHGROVE PRIMARY FUNDRAISER

Over 500 cans were donated by Ashgrove Primary School. "At Ashgrove School we like to support our local community" says **Christine Chadwick, Principal of Ashgrove Primary School**. "When Tracey and Julie from Bayleys North Canterbury approached us with the Cans for a Cause project our student council were very excited to support this initiative.

**More than ever we need the services of Community Wellbeing North Canterbury Trust.**

We would like to extend our thanks to our school families for their generous contribution to help our local community."



## STADIUM CARS

**"Stadium Cars Rangiora is proud to support Community Wellbeing North Canterbury Trust.**

The Trust deliver a huge number of programmes and support services across the whole of North Canterbury and their support helps thousands of people each year. And if you're a North Canterbury business and think you could support them by becoming a Friend of Wellbeing in the North Canterbury community, then get in touch. Your support will enable them to continue to support those in need in our community."

**Craig Powley, Manager Stadium Cars Rangiora**

# National Volunteers Week

During National Volunteers Week 21-27 June 2020 stories from our volunteers featured in North Canterbury News, Essence Magazine, on Compass FM and on our Facebook page. Here is a selection...



Volunteer Esther Skinner and Community Wellbeing Manager Deirdre Ryan were interviewed on Compass FM about volunteering for Community Wellbeing North Canterbury Trust. You can listen to the interview here:

[www.youtube.com/watch?v=DFDkAtsUB\\_E](https://www.youtube.com/watch?v=DFDkAtsUB_E)

**BENEFICIAL**, that's how Sue describes volunteering at our Kaiapoi Community Support where she works in the foodbank, answering calls and handling office admin. Flashback two years and Sue describes herself as long-term unemployed. A friend suggested Sue try volunteering and she's not looked back. "I used to be shy and withdrawn. Working here I've come out of my shell. I really like helping people." Sue says. Volunteering has even inspired Sue to study. This year she graduated from Ara with a Certificate in Health and Wellbeing. **Congratulations Sue!**



# 10,402

HOURS DEDICATED BY  
OUR VOLUNTEERS



**"It's not about chasing money or career it's about the SATISFACTION of contributing to our community."**

Meet Leon, a volunteer facilitator with our Restorative Justice Service. Leon is

passionate about the wellbeing of our young people and for 20 odd years he's walked the talk, volunteering for a range of organisations, all focused on the wellbeing of our young people. "We need more men to stand up and take some responsibility for young males in our community". says Leon. "I was one of those boys who didn't fit mainstream education. A lot of what I do now is about helping young men get back on track." Restorative justice is a voluntary service that involves victims and offenders meeting and discussing the harm caused by the offending and ways to restore or "put things right". "For me, volunteering is about HELPING" Leon says.

.....

**ALWAYS READY TO LEND A HAND...**Gabi is one of our 'go to' volunteers at Kaiapoi Community Support, always ready to lend a hand and step up when help is needed so it was wonderful to nominate Gabi for a makeover day thanks to Essence Magazine. "I'm so used to doing things for other people " said Gabi " it was very different being the one being fussed over! It was a cool day ."

Despite a busy life as a mum to four children and studying for her Bachelor of Applied Health Science at Massey University, Gabi has been volunteering at KCS for several years. "Humbling" is how Gabi describes volunteering. "I get to meet amazing people and share their stories."





# Satisfaction from doing some good

When Don Lyon walked through the doors of Kaiapoi Community Support 13 years ago, little did he know that he and his wife, Athalie, would become two of the centre's longest-serving volunteers.

"We'd just moved to Kaiapoi from Dunedin to begin our retirement," Don says. "I went into KCS to find out more about local services and came out having signed up to be a volunteer driver," he chuckles. Athalie soon joined Don, volunteering on reception and in the centre's food bank.

"The food bank is a big part of what we do," says Athalie, who also volunteers alongside Don with Meals on Wheels.

"We're all hands-on re-stocking shelves, making up food parcels," Athalie says. "It takes a lot of courage to come in and ask for a food parcel. It's not uncommon for someone to hug you, with tears in their eyes and say thank you. It's very satisfying to feel like I'm doing some good. I think it's safe to say that most of our volunteers feel that way."

Don, a former engineer with the Ministry of Works, drives people to medical appointments and to pick up shopping. A lot of people have no-one to help them as they get older, Don says. "I enjoy helping them get around. But it's also about connection, chatting with people."

Athalie says it helps to be a good listener. "Listening, a cup of tea and a hug can do a lot to help someone who's going through a bad patch."

Athalie and Don are members of a 30-strong volunteer workforce with KCS, which is one of the services provided by the Community Wellbeing North Canterbury Trust.

"We couldn't do half of what we do without our volunteers," KCS co-ordinator Louise Griffiths says.

"We receive no government funding for our food bank or any of the other services we offer. It's all down to fundraising, community donations and the loyalty and dedication of our volunteers."

"Volunteering isn't for everyone but if it fits with your lifestyle it can be



Many years of service... Don Lyon and his wife, Athalie, find volunteering with Kaiapoi Community Support to be rewarding.

(PHOTO SUPPLIED)

tremendously rewarding," Louise says.

"We've got volunteers who are retirees but it can also suit parents whose children have started school. Volunteering can also help you gain skills and experience for the job market, if that's of interest to you."

Keeping busy makes life better, Athalie adds.

"It sounds like a cliché, but that's what I've found. I'm not someone to sit at home reading a book all day. I like to get out and do something in the community."

"Volunteering has put me in touch with what's going on in our community and how people are doing," says Athalie. "The heartbreak some people go through; it's been a real eye-opener to me."

To ask about volunteering with the Community Wellbeing North Canterbury Trust, phone (03) 327 8945 (Kaiapoi) or (03) 310 6375 (Rangiora).

## SATISFACTION FROM DOING SOME GOOD

Thank you North Canterbury News for featuring a story on Athalie and Don during National Volunteers Week. "I think one of the best qualities you can have as a volunteer is being a good listener," says Athalie.

**"Listening, a cup of a tea and a hug can do a lot to help someone who's going through a bad patch."**

Athalie and her husband Don are two of Community Wellbeing's longest-serving volunteers. Don is a community driver and Athalie works at Kaiapoi Community Support (KCS).

## THANK YOU LUNCH

It was a privilege and a pleasure to host a thank you lunch for our wonderful volunteers.

Thanks to our amazing sponsors, Hanmer Springs Thermal Pools & Spa, our volunteers also received a special thank you gift – a double pass to Hanmer Springs Thermal Pools and Spa.



**THANK YOU TO ALL OUR AMAZING VOLUNTEERS. We couldn't do what we do without you!**

# Our Funders and Supporters – Thank you

## THANK YOU TO OUR COMMUNITY GRANT PROVIDERS AND TRUSTS

CERT

Edmund Rice Justice Aotearoa NZ

Hurunui District Council

Department of Internal Affairs:

- Community Organisations Grants Scheme
- NZ Lottery Grants Board

Lion Foundation

Ministry of Education

Ministry of Health:

- Canterbury District Health Board

Ministry of Justice:

- Oranga Tamariki
- Work and Income NZ
- Partnering for Outcomes

Pub Charity

The Rata Foundation

The Southern Trust

Waimakariri District Council

## THANK YOU TO OUR LOCAL PARTNERS AND SPONSORS

Bayleys North Canterbury

Hanmer Springs Thermal Pools & Spa

Ravenswood Developments Ltd

Stadium Cars Rangiora

## THANK YOU TO OUR SUPPORTERS AND DONORS

Anytime Fitness Rangiora

Ashgrove Primary School

Back to the Wild

Belfast-Kaiapoi Rotary Club

Clarkville School

Compass FM

Enterprise North Canterbury

Essence Magazine

Hellers

Jagz Restaurant and Bar

Kaiapoi Community Board

Kaiapoi High School

Miss Lilly Catering

Mount Brown Estates

New World Kaiapoi

Ngātahi Communications

North Canterbury News

Pak'n'Save Rangiora

Rangiora Rotary Club

Ray White Rangiora

Shoe Therapy Kaiapoi

Soroptimist International of North Canterbury

Thai Aroma

The Mark

The staff of Westpac Kaiapoi

The staff of Westpac Rangiora

## Special thanks to our regular givers...

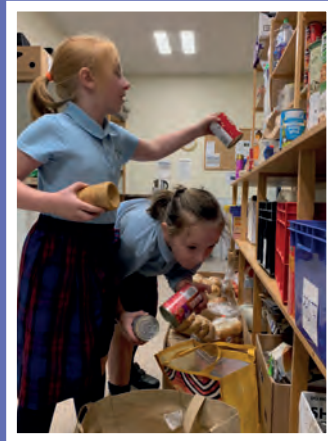
Your constant, loyal support means so much and truly makes a difference to the wellbeing of our children, young people and adults in North Canterbury.



## TWO OF OUR YOUNGEST SUPPORTERS

Best friends Scarlet and Indie, seven year old Year 3 students from St Patrick's School Kaiapoi, could be our youngest supporters ever. Scarlet and Indie collected pine cones and sold them at their front gate to buy food to donate to our food bank.

**"The best part was choosing yummy stuff."** Indie told Louise, our Coordinator at Kaiapoi Community Support.



## Accountability

### GOVERNANCE

Our Board of Trustees bring a diverse range of highly experienced leaders to your Trust.

Leaders in their own fields, ranging from finance to governance, local government, management, marketing, education and relationship management, they provide strategic direction and strong governance to ensure Community Wellbeing North Canterbury Trust achieves its goals.

### FINANCIAL PERFORMANCE

Financial position for the year ended 30th June 2020 - **Refer to page 15**

Full audited accounts can be found on our [website](#)

### BOARD OF TRUSTEES

Brian Davey – Chair

#### TRUSTEES:

Tsarina Dellow  
Leone Evans  
Sam Jones  
Dean Logan  
Susan Mowat  
Martin Pinkham  
Mary Sparrow  
Pauline White

# Our Mission

Our mission is to improve the lives of people in North Canterbury by providing FREE community and social services.

**But we can't do it without YOU.** We rely on people like you who care about the wellbeing of North Canterbury families and communities. With your help we can deliver free services to individuals and families who are in urgent need.



## Friends of Wellbeing

### BECOME A FRIEND OF WELLBEING TODAY

There are so many ways you can become a Friend of Wellbeing ...

- You or your business can become a regular giver or make a one-off donation. All donations of \$5 or more are tax deductible.
- You can become a major sponsor. Sponsorship provides opportunities for you and your business to engage more strongly with our local community, demonstrate social responsibility and develop a culture of community support in your workplace.
- You can give us free products or services to help us carry out our work.
- You can give us your time. As a volunteer you'll have a positive impact on the lives of others in our community.
- You can volunteer as a community driver, or help out at our Community Pantry, Karanga Mai Early Learning Centre, Kaiapoi Community Support or Rangiora Office.
- You can give us food to create nourishing food parcels for families in need.

You can find out more about becoming a Friend of Wellbeing here

[www.wellbeingnc.org.nz/friends](http://www.wellbeingnc.org.nz/friends)



# COMMUNITY WELLBEING NORTH CANTERBURY TRUST

## STATEMENT OF FINANCIAL PERFORMANCE

FOR THE YEAR ENDED 30 JUNE, 2020

	Note	2020 \$	2019 \$
<b>Revenue</b>			
Fundraising revenue		9,602	3,423
Donations and other similar revenue	2	380,907	545,503
Revenue from providing services	3	1,605,628	1,254,164
Gain on sale of motor vehicle		295	-
Interest		12,898	11,296
<b>Total Operating Income</b>		<b>2,009,330</b>	<b>1,814,386</b>
<b>Less: Expenses</b>			
Audit fee		4,788	4,494
Employment Expenses	4	1,423,415	1,275,995
Volunteer Expenses	5	4,707	4,947
Depreciation		12,948	15,878
Loss on disposal property, plant and equipment		4,088	-
Rental		118,803	123,406
Other costs relating to providing services	6	396,137	240,656
<b>Total Expenses</b>		<b>1,964,886</b>	<b>1,665,376</b>
<b>Net Surplus / (Deficit)</b>		<b>44,444</b>	<b>149,010</b>

The above Statement should be read in conjunction with the accompanying notes & Audit Report.

Page 6

# COMMUNITY WELLBEING NORTH CANTERBURY TRUST

## STATEMENT OF MOVEMENTS IN EQUITY FOR THE YEAR ENDED 30 JUNE 2020

	2020 \$	2019 \$
<b>EQUITY AT BEGINNING OF THE YEAR</b>	<u>624,260</u>	<u>475,250</u>
Net Surplus / (Deficit) for the year	44,444	149,010
	<u>44,444</u>	<u>149,010</u>
<b>EQUITY AT END OF THE YEAR</b>	<u><b>668,704</b></u>	<u><b>624,260</b></u>

The above Statement should be read in conjunction with the accompanying notes & Audit Report.

*Page 7*




# COMMUNITY WELLBEING NORTH CANTERBURY TRUST


## STATEMENT OF FINANCIAL POSITION

AS AT 30 JUNE 2020

	NOTE	2020 \$	2019 \$
<b>ASSETS</b>			
<b>Current Assets</b>			
Petty Cash		400	400
Westpac Accounts		325,294	396,042
Prepayments		4,135	3,592
Accounts Receivable		185,734	150,491
Investments		414,257	254,081
<b>Total Current Assets</b>		<b>929,820</b>	<b>804,606</b>
<b>Non-Current Assets</b>			
Property, Plant and Equipment	7	39,156	41,490
<b>TOTAL ASSETS</b>		<b>968,976</b>	<b>846,096</b>
<b>LIABILITIES</b>			
<b>Current Liabilities</b>			
GST Payable		15,092	22,500
Sundry Creditors		145,342	83,332
Revenue in Advance	8	87,031	80,246
Provision for Holiday Pay		52,807	35,758
<b>Total Current Liabilities</b>		<b>300,272</b>	<b>221,836</b>
<b>Non-Current Liabilities</b>			
		-	-
<b>TOTAL LIABILITIES</b>		<b>300,272</b>	<b>221,836</b>
<b>NET ASSETS</b>		<b>668,704</b>	<b>624,260</b>
<b>TRUST FUNDS</b>			
<b>Accumulated Funds</b>			
Opening Balance		624,260	475,250
Net Surplus / (Deficit)		44,444	149,010
		<b>668,704</b>	<b>624,260</b>
<b>TOTAL TRUST FUNDS</b>		<b>668,704</b>	<b>624,260</b>

For and on behalf of the Trust:

  
Trustee

  
Trustee *Patricia Pihlman*

The above Statement should be read in conjunction with the accompanying notes & Audit Report.

Page 8

# Wellbeing Tips and Resources

You can find evidence-based wellbeing resources on our Facebook page, such as:

## **FIVE WAYS TO WELLBEING**

Developed by the Mental Health Foundation, these five simple actions can improve wellbeing in everyday life. Find out more here: [www.mentalhealth.org.nz/home/ways-to-wellbeing-2/](https://www.mentalhealth.org.nz/home/ways-to-wellbeing-2/)

**FIND FREE APPS, TOOLKITS, AND OTHER DIGITAL RESOURCES:** to help you look after your mental wellbeing <https://www.uniteforrecovery.govt.nz/wellbeing/mental-wellbeing/free-tools-resources-and-apps/>

## **FOLLOW US ON FACEBOOK HERE**

[www.facebook.com/CommunityWellbeingNorthCanterburyTrust](https://www.facebook.com/CommunityWellbeingNorthCanterburyTrust)











## Contact Us

### **Rangiora Office**

PO Box 409, Rangiora, 7440  
Level 1, 29 High Street Rangiora  
P : 03 310 6375

### **Kaiapoi Community Support**

24 Sewell Street, Kaiapoi  
P : 03 327 8945

### **Karanga Mai Early Learning Centre**

Robert Coup Road, Kaiapoi  
P : 03 327 8315

[wellbeingnc.org.nz](http://wellbeingnc.org.nz)

community   
**wellbeing**  
North Canterbury Trust