

Annual Report 2025

Pūrongo ā-Tau











Annual Report

Pūrongo ā-Tau

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He Kupu nā te Toihau Poari

From Our Chair

It's a privilege to share my first message as Chair of Community Wellbeing North Canterbury Trust.

I want to begin by acknowledging Tsarina Dellow, who has guided the Board over the past two years. Tsarina's leadership through a period of challenge and growth has left a lasting legacy. This year we also farewelled long-serving trustees Brian Davey, Kim Manahi, Dean Logan, and Sam Jones. We're deeply grateful for the service and impact that these trustees have had on our organisation and community. At the same time, we've welcomed new trustees who bring fresh perspectives and commitment to the people of this region. We're very excited about the future of our Trust.

Every page of this annual report tells a story of impact that you've helped make possible. A food parcel when there's nothing in the cupboard. A parenting programme that changes the atmosphere in a home. A rangatahi discovering selfworth through support and connection. Young parents and their tamariki learning together in a community environment. These moments are not small; they ripple outward into entire whānau and communities.

This year, demand for our services has again outpaced expectations. Yet time and again, the Trust has shown it can meet that need with care and creativity. We've built new partnerships, taken steps toward sustainable funding, and deepened our commitment to being a values-led, Tiriti-honouring organisation. The Board is proud of this direction.

Let's continue to build a future where care and connection are not the exception but the everyday.

As we look ahead, we remain focused on ensuring the Trust has the governance strength, operational capability, and community trust to thrive long-term. That means staying connected, listening deeply, and always centring the people we serve.

Thank you to Deirdre and the entire team for your mahi. To my fellow trustees: thank you for your wisdom and dedication. And to our volunteers, donors, partners, and supporters: thank you. You are the heartbeat of this work.

Let's continue to build a future where care and connection are not the exception but the everyday.

Ngā mihi, Louisa Sullivan Board Chair



He Kupu nā te Kaiwhakahaere Matua

From Our General Manager

This year, more than ever, I've been reminded of the power of community. Demand for our services has never been higher. 2024–2025 has been a tough year for many. Amid significant changes to the social services landscape, Community Wellbeing has become a key provider in North Canterbury, stepping in to meet needs where other services have been reduced or discontinued.

When things get hard, we respond, with food, mental health support, parenting programmes, and practical help for whānau. This is done with warmth, respect, and dignity. Thanks to supporters like you, we've walked alongside hundreds of people facing some of the toughest seasons of their lives

We've made solid progress on our strategic plan this year: strengthening operations, increasing access to support, and growing our capacity to meet the need. I appointed a new Finance and Administration Manager who leads the transition of our accounting and payroll processes in-house. We have greater confidence in how we best use every dollar entrusted to us. Our new Fundraising and Communications Lead helps us to grow awareness, build new relationships, and strengthen the sustainability of our work. Already, this mahi has helped launch new campaigns and build new relationships.

A key focus has been continuing our journey as a Tiriti-honouring organisation. Guided by Janelle Riki-Waaka, our full staff and Board participated in workshops to reflect on our lived values as Community Wellbeing. These wānanga are part of

We're building a culture grounded in respect, openness, and a genuine desire to walk alongside others.

our commitment to equity and inclusion. They've helped shape a shared language for our mahi and renewed our focus on working in partnership, with care and authenticity. This isn't always easy work, but it's the right work. And it's building a culture I'm proud of that is grounded in respect, openness, and a genuine desire to walk alongside others.

To our board: thank you for your guidance and belief in our kaupapa.

To our staff and volunteers: your compassion, skill and strength inspire me every day.

And to our community champions, funders, and donors: thank you. You make this work possible.

Together, we are creating a stronger, more connected North Canterbury, where no one is left to face hardship alone.

Ngā mihi nui, **Deirdre Ryan** General Manager

Nāu te rourou nāku te rourou ka ora ai te iwi

With your contributions and mine our people will thrive.



We're committed to helping the North Canterbury community thrive. Since 1988, Community Wellbeing North Canterbury Trust has worked to strengthen the wellbeing of our community through providing free essential services that support whānau, rangatahi, and tamariki through rough times to enable and empower them to live their best lives.



Whanaungatanga

We are a place of belonging.

Relationships are at the heart of everything we do. We take the time to connect, listen, and build trust. Whanaungatanga means making space for genuine connection: with our team, our clients, and our wider community. Whether it's a warm welcome, a listening ear, or providing resources without judgement, we create a sense of relationship where people feel respected, seen, and at home. From everyday visits to community celebrations, we foster belonging in every interaction.



Whakamana

We are empowering.

We walk alongside people, seeing and growing their strengths, and honouring their journey. Whakamana is about lifting others up. We create space for people to be heard and respected through affirming identity, recognising potential, and backing them to lead their own change. We practise humility, reflect honestly, and advocate strongly. Every interaction aims to strengthen the mana of those we support, and the partnerships we hold with others across the sector.



Manaakitanga

We are caring and respectful.

We honour each person's mana through kindness, service, and the creation of safe, welcoming spaces. Manaakitanga is shown in how we offer support in not just what we do, but how we do it. From a listening ear to linking with wider supports, we treat every person with dignity. In our workplace and our mahi, we look after each other, empower our clients, and show up for our community. Whether through flexible working, sharing kai, or offering service, we walk with others in ways that uplift and affirm.



Tangata Whenuatanga

We honour Te Tiriti o Waitangi.

We honour the mana of Tangata Whenua and uphold our responsibilities as Tangata Tiriti. Our commitment to Te Tiriti o Waitangi shapes our practice. We partner with Ngāi Tūāhuriri, weave tikanga into daily life, and grow cultural capability across our team. We take active steps to respect and support Māori leadership, spaces, and ways of being. We are allies in action, learning and serving with care.

Our Community in Action

Ngā Mahi a te Hapori

new people helped (up 53.95% from 2024)

2946

phone calls for support through our foodbank

6308 volunteer hours completed

groups run supporting tamariki, parents and grandparents

(11 more than 2024)

community wellbeing

2638

food parcels distributed

reported improved wellbeing after accessing our services

clients report very satisfied with our service in feedback Each year, thousands of people across North Canterbury reach out for support. These numbers represent more than statistics. They reflect real people, real whānau, and a real community that stands together.

66

"Always helpful on food boxes when we are struggling and have given us plants to help as well. Lovely staff there, where they don't make you feel judged."

44

"You didn't just focus on my child but also the whole family and listened to what I needed"

44

"The support was amazing and felt very genuine. Lovely caring people who were just a perfect fit for us during a difficult time."

46

"I hope you know how valuable this programme is. It has made a big difference to our parenting, and we are having so many more positive interactions in our household. Thank you for your time."

44

"Made me feel not ashamed to be asking for help. Made me feel welcomed and completely at ease. Appreciate the help I received."

44

"I had the freedom to get what I needed out of each session. I always walked out a little bit better each time."

66

"This place saved my daughter's life. If we didn't have this platform, I don't know what we would have done."

"What gives me hope is seeing families feeling overwhelmed and unsure where to turn and then slowly finding their feet again. We see parents smiling more, children growing in confidence, and whānau rediscovering their strength. People realise they are not alone, that there is a local community of support. Watching someone who once felt powerless trust their own strengths again is incredibly moving. Those moments of transformation remind us why this work matters." — Julie, Clinical Operations Leader.



Food Support

Te Koha Kai

Food support plays a vital role in Community Wellbeing North Canterbury's mission to support the wellbeing of our community. Operating from Kaiapoi, the Foodbank delivers emergency food support to individuals and families across Kaiapoi, Woodend, Pegasus, Waikuku, Ohoka, and Kainga.

With no government funding, this service continues thanks to the generosity of our community and dedicated volunteers. We respond to urgent needs with practical support, empathy, and a deep respect for the mana of every individual we serve.



2638

Food parcels

Food Support	2023-2024	2024-2025
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Parcels distributed	1915	2638	Up 37.8%
Individual meals provided	7416	8983	Up 21.1%

Rising to the Challenge: Meeting Unprecedented Need

Te Hiki i te Mānuka: Te Hāpai i ngā Matea Inati

This year the Kaiapoi Foodbank has responded to unprecedented demand from individuals and whānau across North Canterbury. This surge in need reflects a challenging year marked by financial strain, job losses, and heightened hardship within the community. In response, the team not only scaled up operations but also reinforced their commitment to providing compassionate, dignified support to anyone who walked through the doors.

This year Kaiapoi Community Support became Kaiapoi Foodbank, a name change that more clearly communicates what most people come to us for: food. The new name makes it easier for people in need to find us and for others to understand what we do.

Alongside this change, the service farewelled long serving Foodbank Coordinator Gabi Barlow and welcomed Susie Milne. While some things have changed, our commitment remains the same: supporting local whānau with compassion, dignity, and practical help.

The Foodbank's impact goes beyond parcels. It's visible in the stories shared

by clients. From a box of kai given during someone's lowest moment to seedling projects that helped foster self-reliance and hope, the Foodbank offers more than nourishment; it offers a lifeline.

This year's progress was made possible through the unwavering generosity of local champions like Satisfy Food Rescue, New World Kaiapoi, Ray White Morris and Co, and Property Brokers, whose food drives sustained the shelves when demand soared. Our dedicated volunteers show up each week, sometimes multiple times a week, working hard to support their own community.

In times of hardship, the Kaiapoi Foodbank has stood as a shared effort — a place where our community ensures no one faces hunger alone.



Growing Community Wellbeing

Te Poipoi i te Waiora ā-hapori

Last year we teamed up with Brent and Shirley Cairns to launch "Helping to grow independence in pots" a project offering vegetable seedlings to clients to plant confidence, self-reliance, sustainable access to fresh food, and connection by giving people the tools to grow their own. Plants were carefully considered to support even those who are homeless or in temporary situations.

One participant told us that tending to their small tomato plant gave them a reason to start the day with purpose. Another said that watching their plants grow reminded them that even in tough conditions, life finds a way. These may seem like small things, but when you're struggling, small things can make all the difference. What started as a way to provide fresh food did more than fill stomachs, it fed hearts, confidence and connection.

Supporting Children, Young People and Family

Te Tautoko i ngā Tamaraki, Rangatahi me te Whānau



This year our Community Wellbeing North Canterbury team continued to walk alongside hundreds of children, young people, and families through some of life's most difficult moments.

"Your support in the past impacted my life a lot. You gave me strength to get out of tough situations... and I will forever be grateful."

Former New Start Client

2023-2024 2024-2025

New Clients	631	718	Up 13.8%
Support groups run	26	37	Up 42.3%

From anxiety and grief to navigating major transitions, our team provided free, personalised support in schools, homes, and community spaces across Waimakariri and Hurunui.

With your support, we offer wrap-around services that include social work for families, early intervention in schools, brief counselling for rangatahi, and longer-term support for those facing the impact of substance use, whether their own or a loved one. This collaborative approach remains at the heart of our mahi, helping families access the right support at the right time.

Clients shared how the service helped them feel seen, understood, and empowered, whether through counselling, advocacy, or simply being heard. With a focus on building trusted relationships, our team ensured that those engaging with us didn't just receive professional guidance: they felt supported by someone who truly cared.

Thanks to the generosity of our funders and the strength of our team, we're proud to play a role in helping tamariki, rangatahi, and their whānau move forward with greater confidence, resilience, and hope.

"Thank you so much for everything. I want you to know every time [son] has seen you, he comes home in the best mood. You have done a lot for him, and I am so grateful. Thank you so much truly for everything. He thinks you are amazing".

"Me and the girls are doing a lot better, and I feel like I've been doing lots of healing within. Thank you so much for teaching me new tools and really listening to me, you helped me understand myself on whole new levels. Thank you for all your help and support with food boxes too. You guys are amazing!"

A Path of Strength to Wellbeing

He Ara Whakapiki Waiora

After facing violence in her relationship and struggling with substance use, a young woman reached out to our New Start service with one goal—stop using cannabis. But as her circumstances changed, so did her dreams. With our support, she safely left the abusive relationship, secured housing and employment, and regained control over

her wellbeing. At closure in 2022, she was already thriving. But in December, she shared something extraordinary: she was about to begin training as an Early Childhood teacher, a dream she never thought possible.

Her journey reminds us that the impact of our services continues to ripple forward.

Parenting Support

Te Tautoko Mātua

"It is a fabulous course, totally makes sense to parenting and it is easy enough to implement at home."



Families supported & empowered

mainpower

Thanks to MainPower's support, Community Wellbeing North Canterbury Trust delivered free Tuning in to Kids and Tuning in to Teens programmes, helping parents and caregivers build emotionally connected relationships with their tamariki and rangatahi. The result: whānau leave feeling supported, capable, and connected.





This year, Community Wellbeing North Canterbury Trust has responded to a growing need for parenting support with compassion, innovation, and strong community partnerships. We've empowered parents and caregivers with practical tools to build calmer homes, stronger relationships, and more confident parenting journeys.

We also continued providing tailored support through our Grandparents Raising Grandchildren group, recognising the unique challenges and strengths of whānau raising a second generation.

Demand for neurodiverse-specific parenting resources has surged, with two sold-out sessions attended by over 200 parents and caregivers. We've heard clearly from whānau

that these courses, tailored to the needs of neurodivergent tamariki and rangatahi, have offered real insight and transformative, actionable strategies. Plans are now underway to expand this support in 2025–26.

Parents gave feedback that the course gave real situations that were broken down to easily understand within a safe space with others in similar situations. They left with tangible things that they would change to improve their parenting and daily life. These ranged from setting up their mornings differently to help their child feel more in control, to creating a more collaborative approach with their teen, to reminding themselves to keep going when things were tough.

"Before this course I found myself quite snappy with the kids when their emotions were high. Now I think before I speak. I can manage not only my own child's emotion but my own too."

"Your service is wonderful, much needed and appreciated, as there are more and more grandparents bringing up grandchildren and trying to cope. It is a safe place to meet and talk, vent and be with similar people in similar positions."

Karanga Mai Early Learning Centre

Ehara taku toa i te toa takitahi, engari he toa takitini. I come not with my own strengths but bring with me the strengths of my people.

Karanga Mai Early Learning Centre is a nurturing, whānau-based learning community where tamariki feel safe, supported, and celebrated. We provide high-quality early childhood education to young parents attending Karanga Mai Young Parents' College, as well as to families from the wider community. Our kaiako work closely with parents and whānau to help every child feel confident in who they are, proud of their culture, and excited to learn. We support not only tamariki, but also their parents, walking alongside them through early parenting, learning, and growth.



This year, Karanga Mai has remained true to its kaupapa of creating a safe and nurturing space for young parents and their tamariki. With growing demand and a full roll, with particularly many pēpi under the age of two, we've adapted our curriculum and learning environments to support calm, confident, and connected children. Our kaiako have responded with care and creativity, thoughtfully reshaping daily rhythms and routines to best serve the wellbeing and development of every tamaiti.

Bicultural practice has taken meaningful strides as we explored Te Ara Māori, guided by the support and wisdom of Tuahiwi Education. Through storytelling, ritual, language, and community hui planning, we've woven te reo and tikanga Māori more deeply into our practice, enriching identity and belonging within our whānau. The emphasis on pūrākau and oral language has brought new layers to tamariki learning, with beautifully crafted resources and atua-inspired props created through collaborative wānanga.

Relationship-building has flourished across the learning centre and Young Parents' College. Weekly Community Kai, Wā Pēpi groups, swimming trips, op-shopping adventures, and river swims have offered parents and tamariki space to connect, grow, and feel seen. These experiences have encouraged whanaungatanga at every level: fostering trust, kindness, and shared learning.

With 26 young parents enrolled in the Young Parents' College and more on the horizon, we continue to prioritise support, never turning anyone away, and always walking alongside our community with aroha. As we farewell long-serving staff and welcome new faces, the centre remains a vibrant, essential space of learning, care, and transformation in a time that can seem very unstable.

When Moana thinks about where she is today, she knows she wouldn't have gotten here without Karanga Mai.

When she first came, it wasn't as a student. She would hang out while her sister-in-law attended the Young Parents' College. Later as a young solo mum on a benefit, her youth coach encouraged her to finish school. Enrolling at Karanga Mai changed everything.

"Karanga Mai became my whānau. If I was having a bad day, they would make sure we could get to school. If I was struggling with food, they helped with groceries. They understood what it's like to be a young mum trying to get an education."

While at Karanga Mai, Moana had her second baby. Both of her children attended the Early Learning Centre, where the kaiako became part of their lives in a deep and lasting way. Her tamariki still call one of their teachers "Aunty." This consistent, caring environment gave Moana the space to focus on her learning, knowing her children were loved, safe, and thriving.

The compassion and belief shown to her at Karanga Mai inspired Moana to dream big. After completing pre-health, she is now in her second year of midwifery, working toward a career that will allow her to walk alongside and support other mothers. Next year, her daughter will return to KMELC while Moana completes her studies. "It feels like coming home," she says. "Karanga Mai shaped who I am today."

SUNITY CHANGE

Thank you to our Community Champions

He Mihi ki ngā Kaikōkiri Hapori









We're deeply grateful to every individual, business, and organisation who has stood with us this year.

This year, we've seen the true power of kotahitanga (community unity).

Because of the generosity of our funders, donors, sponsors, and partner agencies, hundreds of tamariki, rangatahi, whānau, and individuals received the tautoko (support) they needed, when they needed it most.

Whether it's a monthly donation, a sponsored event, or a corporate

partnership, your awhinatanga (support and care) makes a real and lasting difference.

Together, we are creating a stronger, more connected, and more resilient North Canterbury.

E mihi ana i te tū ngātahi

Thank you for standing with us.

Nāu te rourou nāku te rourou ka ora ai te iwi

With your contributions and mine our people will thrive

Community Champions

Anytime Fitness Rangiora
Blackwell's Department Store
Charity Jams
Combined Security Solutions
Flooring Connection
Mitre10 Rangiora
New World Ravenswood
Pak'nSave Rangiora
Property Brokers Rangiora
Rangiora Toyota
Ray White Morris & Co
Satisfy Food Rescue
Solar Future
Specsavers Rangiora
Tom's Chop Shop

Funding Champions

Aotearoa Gaming Trust
Hanmer Springs Thermal
Pools and Spa
Hurunui District Council
Kiwi Gaming Foundation
Lion Foundation
MainPower
New World Kaiapoi
New Zealand Lotteries
Rata Foundation
Steadfast Foundation
Waimakariri District Council



Waimakariri Libraries





It's People, It's Community

He tāngata, he hapori

Across North Canterbury, ordinary people are doing extraordinary things to support whānau. Whether it's walking beside us, raising funds, sharing resources, or sparking joy at Christmas, we are lifted by the kindness of those around us.

From cutting hair for 24 hours straight, to organising nature walks with whānau, to capturing powerful photos of our mahi, these people remind us that giving comes in many forms.



People like David Hill,

who began the Kaiapoi River Wellbeing Walk with his daughter, continue each year to lead this special event as part of the Christchurch Walking Festival, with all proceeds going to our mahi.

People like Tom's Chop Shop,

who raised \$8,417 in a 24-hour cut-a-thon for men's mental health.

Saracens Rugby Club

who spent a Saturday helping Karanga Mai Early Learning Centre in a working bee.

People like

Janelle Riki-Waaka, Max Tiweka, Brent Cairns, and the organisers of local markets like Ohoka Market, Rangiora Church St Market and Kaiapoi Saturday Market who have gifted time, money, expertise, and platforms to lift others.

Your generosity, creativity, and compassion ripple through our community — feeding tamariki, connecting whānau, and reminding us that together, we can do so much more.





Thank you

Brent Cairns

Compass FM

David Hill and the Christchurch Walking Festival

Kaiapoi North School

Kaiapoi Saturday Market

Maxwell Productions

Nor'West Networkers

Ohoka Farmers Market

Property Brokers Rangiora

Rangiora Church Street Market

Rangiora Friendship Group

Saracens Rugby Club

The Vintage Fair North Canterbury

The heart of Community Wellbeing

Te Manawa o te Waiora ā-Hapori



6308 volunteer hours given in 2024/25

At Community Wellbeing North Canterbury Trust, our volunteers are the quiet heroes working behind the scenes, week after week, helping ensure no one in our community is left behind.

From packing food parcels and welcoming clients, to supporting events and offering admin support, their time,

compassion, and care are why we can do so much with so little. Our longest serving volunteer this year had served at Community Wellbeing for 17 years!

He mihi nui ki a koutou katoa We are so grateful for each of you.



Our people behind the mahi

Ngā Tāngata Hāpai ō ki Muri

Our board, leadership and staff bring dedication, creativity, and aroha to every part of our mahi. From frontline kaiāwhina to strategic governance, we are united in our mission to support the wellbeing of whānau, rangatahi, and tamariki across North Canterbury.

We're proud to be a place where people stay. Many of our team have been with us for years, growing alongside the organisation and the community we serve. We support each other through wellbeing hours, shared kai, and a culture that welcomes diverse ideas, voices, and lived experiences.

We uphold Te Tiriti o Waitangi and weave te ao Māori into our everyday work, not as an add-on, but as a foundation, as Tangata Tiriti. Our commitment to learning, listening and serving sits at the heart of who we are.

Board of Trustees

Louisa Sullivan (Chair)

Alison Hood (Deputy Chair)

Kylie Clark

Jamie Dudfield

Leigh Kennedy

Jessica Powell

Rae Wakefield-Jones

Susan Mowat

Niki Mealings (Waimakariri District Council

Representative)

Pauline White (Hurunui District Council Representative)

Leadership Team

Deirdre Ryan (General Manager)

Antoinette Lewis

Julie Best

Mark Beswarick

Jacinta McInerney

Chelsea Houghton



Financial Statements

Statement of Comprehensive Revenue and Expenses

Community Wellbeing North Canterbury Trust for the year ended 30 June 2025

	Notes	2025	2024
Revenue from Non Exchange Transactions			
Government Contracts	5	2,483,053	2,504,331
Community Grants	5	402,184	387,886
Donations	5	98,435	64,940
Other	5	23,867	4,631
Total Revenue from Non Exchange Transactions		3,007,539	2,961,789
Revenue from Exchange Transactions			
Sales & Services	5	106,558	90,104
Room Hire		22,570	13,478
Interest		19,790	32,828
Other		-	5,222
Total Revenue from Exchange Transactions		148,917	141,631
Total Revenue from Exchange Transactions		3,156,456	3,103,420
Expenses			
Administration		223,341	300,556
Employment	5	2,509,434	2,506,138
Occupancy		83,803	84,972
Operating		311,520	251,937
Non Cash	5	57,776	67,996
Total Expenses		3,185,873	3,211,599
Surplus /(Deficit) for the Year		(29,417)	(108,179)

Statement of Changes in Net Assets/Equity

Community Wellbeing North Canterbury Trust for the year ended 30 June 2025

Movement in Accumulated Funds

Opening Balance	509,047	617,226
Total Comprehensive Revenue and Expenses for the year	(29,417)	(108,179)
Accumulated Funds 30 June	479,630	509,047

Statement of Financial Position

Community Wellbeing North Canterbury Trust as at 30 June 2025

	Notes	30 Jun 2025	30 Jun 2024
Assets			
Current Assets			
Cash and Cash Equivalents	7	83,714	203,977
Receivables from Exchange Transactions		6,212	5,803
Receivables from Non Exchange Transactions		214,253	171,604
Prepayments		21,359	11,804
Investments (current)	8	218,031	377,320
Total Current Assets		543,569	770,508
Non-current Assets			
Property, Plant and Equipment	9	180,278	199,591
Total Non-current Assets		180,278	199,591
Total Assets		723,848	970,099
Liabilities			
Current Liabilities			
Accounts Payable	11	67,774	130,152
Employee Entitlements	10	111,860	219,071
Income in Advance - Non Exchange Transactions	19	64,583	111,829
Total Current Liabilities		244,217	461,052
Total Liabilities		244,217	461,052
Net Assets		479,630	509,047
Equity			
Accumulated Funds		479,630	509,047
Total Equity		479,630	509,047

Note: These financial statements should be read in conjunction with the notes to the financial statements and the independent auditor's report.

Full financial statements including auditor report are available at www.wellbeingnc.org.nz

Become a Community Champion

E Tū hei Kaikōkiri Hapori

Regular giving has a real impact. Join the movement for community wellbeing.

Every day, people in our community are doing it tough. Parents stretched. Tamariki and teens feeling overwhelmed. Grandparents raising mokopuna. Bills pushing the budget.

At Community Wellbeing North Canterbury Trust, we're here to walk alongside them with free services. Our difference: wrap around support around the whole North Canterbury region. But we can't do it alone.



By becoming a Community Champion, your regular donation helps provide real, practical support:



\$20

feeds a family a nourishing meal



\$50

supports a food parcel to carry a whānau through four days



\$100

funds parenting programmes that build confidence and calm at home



\$150

helps get our young parents to school each day, creating a bright future for their tamariki

Your monthly gift powers food support, counselling, parenting programmes, early learning opportunities and mental wellbeing services.

With demand growing every week, your regular support makes our work sustainable so we can keep showing up for our community, day after day.

Because when wellbeing grows, the whole community thrives.





We build connection & belonging: Whanaungatanga



We honour each person's mana: Manaakitanga



We uplift others:

Whakamana



We honour Tangata Whenua:

Tangata Whenuatanga

This is Community Wellbeing.

Become a Champion Today!

It's easy to set up your monthly donation.

You can set up an automatic payment to support:

Name: Community Wellbeing North Canterbury Trust

Number: 03-0674-0254648-000

Reference: Initial and Surname AND Champions

Scan the QR code or visit www.wellbeingnc.org.nz/champions for more information.





www.wellbeingnc.org.nz